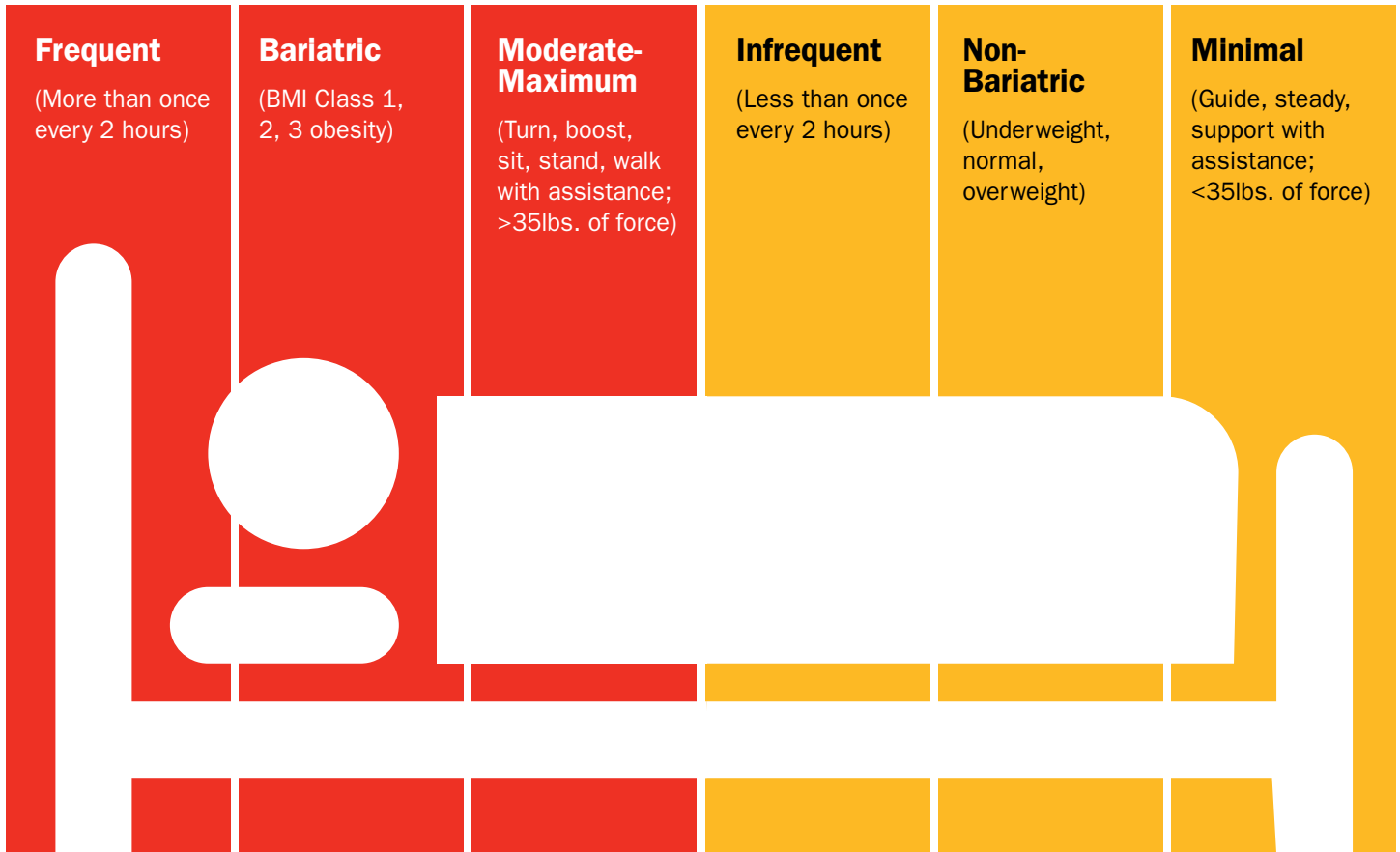


Don't forget to 'PACE' yourself!

Physical – Bed Repositioning – check for these indicators



If there are **two red indicators or more** you should use:

Mechanical device and repositioning sling

The diagram shows a person lying in a repositioning sling, which is supported by a mechanical device consisting of a rectangular frame with several vertical posts. The sling is attached to the top of the frame.

If there is **none or only one red indicator** you can use:

Friction reducing devices

1. Slider sheet system (fitted slider bottom sheet + slider draw sheet)
2. Fitted slider bottom sheet
3. Slider draw sheet (aka slider turning sheet)
4. Removable slider sheets (none fitted)

If a soaker pad is required it should go on top of the slider draw sheet.

**Disclaimer: This is meant as a guide for bed repositioning only, not prescriptive requirements. Please consult with your mobility or rehab team for support.*

ALERT: You can't safely reposition or turn with a soaker pad! Soaker pads (aka incontinence pads, bed pads) are not intended to reposition or turn a person because they have low friction properties and do not fully support a person's body.